

Hardcover | \$19.99

Self-Help

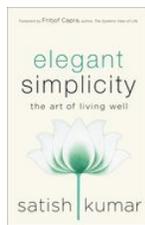
New Society Publishers

Apr 23, 2019

Ctn Qty: 44

176 pages

5.50" x 8.50"



9780865719101

Elegant Simplicity: The Art of Living Well

Satish Kumar, Fritjof Capra

Consume less and celebrate more for inner peace and ecological integrity Consumerism drives the pursuit of happiness in much of the world, yet as wealth grows unhappiness abounds, compounded by the grave problems of climate change, pollution, and ecological degradation. We've now reached both an environmental and spiritual dead-end that leaves us crying out for alternatives. *Elegant Simplicity* provides a coherent philosophy of life that weaves together simplicity of material life, thought, and spirit. In it, Satish Kumar, environmental thought leader and former monk, distills five decades of reflection and wisdom into a guide for everyone, covering: The ecological and spiritual principles of living simply Shedding both "stuff" and psychological baggage Opening your mind and heart to the deep value of relationships Embedding simplicity in all aspects of life including education and work Merging science and spirituality for a coherent world-view. *Elegant Simplicity* is a life guide for everyone wanting off the relentless treadmill of competition and consumption and seeking a life that prioritizes the ecological integrity of the Earth, social equity, and personal tranquility and happiness.

Paperback | \$19.99

Nature

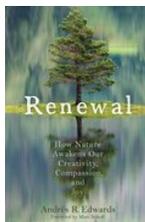
New Society Publishers

Apr 2, 2019

Ctn Qty: 24

240 pages

6.00" x 9.00"



9780865718807

Renewal: How Nature Awakens Our Creativity, Compassion, and Joy

Andres R Edwards, Marc Bekoff

Explore our emotional bond with nature to heal ourselves and the natural world Why spend countless hours indoors in front of screens when being in nature feels so good? In learning why and how to nurture our emotional connection with nature, we can also regenerate the ecosystems on which we depend for our survival. *Renewal* explores the science behind why being in nature makes us feel alive and helps us thrive. Using personal experiences and cutting-edge research in cognitive science, this book weaves delightful stories that: Reveal nature's genius and impacts on our lives from physical, emotional, intellectual, and spiritual perspectives Explore how emulating nature is yielding design breakthroughs with biomimicry and biophilic design Highlight the importance of compassion and coexisting with wildlife in designing our conservation strategies Describe the significance of nurturing an ecological ethic that supports a reciprocal relationship with nature. Whether you are drawn to conservation or are interested in the science behind human behavior, *Renewal* will help create a blueprint for integrating nature with a life of creativity, compassion, and joy.

Paperback | \$19.99

Psychology

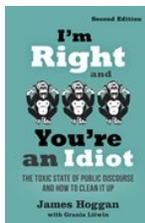
New Society Publishers

May 28, 2019

Ctn Qty: 40

288 pages

6.00" x 9.00"



9780865719149

I'm Right and You're an Idiot - 2nd Edition : The Toxic State of Public Discourse and How to Clean it Up

James Hoggan

Become a more effective and powerful communicator in today's highly polarized and polluted public square The most pressing problem we face today is not climate change. It is pollution in the public square, where a toxic smog of adversarial rhetoric, propaganda, and polarization stifles discussion and debate, creating resistance to change and thwarting our ability to solve our collective problems. In this second edition of *I'm Right and You're an Idiot*, James Hoggan grapples with this critical issue, through interviews with outstanding thinkers and drawing on wisdom from highly regarded public figures. Featuring a new, radically revised prologue, afterword, and a new chapter addressing the changes in the public discourse since the 2016 United States election, his comprehensive analysis explores: How political will is manipulated How tribalism shuts down open-minded thinking, undermines trust, and helps misinformation thrive Why facts alone fail and how language is manipulated and dissent silenced The importance of dialogue, empathy, and pluralistic... [\[more\]](#)

Paperback | \$19.99

Education

New Society Publishers

May 7, 2019

Ctn Qty: 40

272 pages

6.00" x 9.00"



9780865719040

When Kids Rule the School: The Power and Promise of Democratic Education

James Rietmulder

How self-directed democratic schooling builds fulfilling lives and can lead the way back to a civilized society Education is ripe for democratic disruption. Students in most schools are denied fundamental social ideals such as personal freedom, public government, rule of law, and free enterprise. In our increasingly authoritarian post-truth world, self-directed democratic schooling offers a timely alternative: educating children in civilized society and showing that self-motivation outperforms coercion in its power to educate and fulfill. *When Kids Rule the School* is the first comprehensive guide to democratic schooling, where kids practice life in a self-governed society—empowered as voters, bound by laws, challenged by choice, supported by community, and driven by nature. Through heartwarming stories and hard-headed details, this book covers: Democratic schooling philosophy, theory, and practice School governance by students and staff together Student self-direction and day-to-day life Deep play, cognitive development, and critical thinking Why democratic... [\[more\]](#)

Paperback | \$39.99

Education

New Society Publishers

Apr 16, 2019

Ctn Qty: 14

384 pages

8.00" x 10.00"



9780865719057

The School Garden Curriculum : An Integrated K-8 Guide for Discovering Science, Ecology, and Whole-Systems Thinking

Kaci Rae Christopher

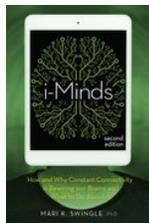
Sow the seeds of science and wonder and inspire the next generation of Earth stewards The world needs young people to grow into strong, scientifically literate environmental stewards. Learning gardens are great places to build this knowledge, yet until now there has been a lack of a multi-grade curriculum for school-wide teaching aimed at fostering a connection with the Earth. *The School Garden Curriculum* offers a unique and comprehensive framework, enabling students to grow their knowledge throughout the school year and built on it from kindergarten to eighth grade. From seasonal garden activities to inquiry projects and science-skill building, children will develop organic gardening solutions, a positive land ethic, systems thinking, and instincts for ecological stewardship. The book offers: A complete K-8 school-wide framework Over 200 engaging, weekly lesson plans – ready to share Place-based activities, immersive learning, and hands-on activities Integration of science, critical thinking, permaculture, and life skills Links to Next Generation Science Standar... [\[more\]](#)

Paperback | \$19.99

Computers

New Society Publishers

Apr 23, 2019
Ctn Qty: 40
272 pages
6.00" x 9.00"



9780865719019

i-Minds - 2nd edition: How and Why Constant Connectivity is Rewiring Our Brains and What to Do About it

Mari Swingle

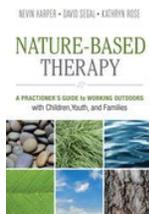
An entertaining, scientifically rigorous exploration of the social and biological effects of our wireless world. The way we use i-technology is affecting our health and happiness. While programs, devices, information, and constant connectivity can offer us ease, liberation, and efficiency, they can also rewire our brains to feel restless, disconnected, unable to sleep, anxious, and depressed, with new illnesses like FOMO (fear of missing out), and electro sensitivities appearing. Engaging and entertaining yet scientifically rigorous, this fully revised and updated second edition of i-Minds comprehensively explores an era of screen-based technology's assimilation into our lives, pondering it as both godsend and plague. Addressing theory, popular media, and industry hype, i-Minds demonstrates: How constant connectivity is changing our brains. The dangers of unchecked connectivity. Positive steps to embrace new technologies while protecting our well-being and steering our future in a more human direction. i-Minds is a must-read for anyone interested in fostering health and happiness, or who is struggling with the role of screened technology in our lives.

Paperback | \$24.99

Psychology

New Society Publishers

Jun 25, 2019
Ctn Qty: 1
240 pages
6.00" x 9.00"



9780865719132

Nature-Based Therapy: A Practitioner's Guide to Working Outdoors with Children, Youth, and Families

Nevin J Harper, Kathryn Rose, David Segal

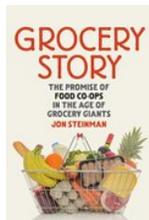
Take your therapeutic practice with children, youth, and families out into nature. The number of children, youth, and families seeking help for a wide range of mental health concerns is growing at an alarming rate, and many struggle to thrive despite well-intentioned interventions from skilled helpers. Unplugging from technology and reconnecting with the web of life is a powerful antidote to the highly technological and fast-paced realities of so many. Nature-Based Therapy addresses this underlying disconnection between humans and their ecological home, exploring theories and therapeutic practices undertaken with children, youth, and families, including: Developing sensory awareness of outer and inner landscapes. Navigating risk in play. Case examples with a diverse range of settings, intentions, and interventions. Nature-Based Therapy is for counselors, therapists, youth and social workers, educators, and parents working in educational and therapeutic settings who want to take their practice beyond the office walls and into the powerful terrain of the wild, partnering with nature as a co-facilitator to create lasting change.

Paperback | \$19.99

Business & Economics

New Society Publishers

Jun 18, 2019
Ctn Qty: 22
224 pages
6.00" x 9.00"



9780865719071

Grocery Story: The Promise of Food Co-ops in the Age of Grocery GiantsJon Steinman 

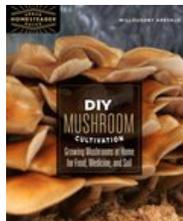
Hungry for change? Put the power of food co-ops on your plate and grow your local food economy. Food has become ground-zero in our efforts to increase awareness of how our choices impact the world. Yet while we have begun to transform our communities and dinner plates, the most authoritative strand of the food web has received surprisingly little attention: the grocery store—the epicenter of our food-gathering ritual. Through penetrating analysis and inspiring stories and examples of American and Canadian food co-ops, Grocery Story makes a compelling case for the transformation of the grocery store aisles as the emerging frontier in the local and good food movements. Author Jon Steinman: Deconstructs the food retail sector and the shadows cast by corporate giants. Makes the case for food co-ops as an alternative. Shows how co-ops spur the creation of local food-based economies and enhance low-income food access. Grocery Story is for everyone who eats. Whether you strive to eat more local and sustainable food, or are in support of community economic development, Grocery Story will leave you hungry to join the food co-op movement in your own community.

Paperback | \$29.99

Gardening

New Society Publishers

Jun 4, 2019
Ctn Qty: 42
160 pages
7.50" x 9.00"



9780865718951

DIY Mushroom Cultivation: Growing Mushrooms at Home for Food, Medicine, and Soil*Urban Homesteader Hacks*

Willoughby Arevalo

Bring mushrooms into your life as you dive into the practice of home-scale mushroom cultivation. With applications in permaculture, urban farming, cooking, natural medicine, and the arts, interest in home-scale mushroom cultivation is exploding. Yet many beginners remain daunted by the perceived complexity of working with fungi. DIY Mushroom Cultivation is the remedy, presenting proven, reliable, low-cost techniques for home-scale cultivation that eliminate the need for a clean-air lab space to grow various mushrooms and their mycelium. Beautiful full-color photos and step-by-step instructions accompany a foundation of mushroom biology and ecology to support a holistic understanding of the practice. Growing techniques are applicable year-round, for any space from house to apartment, and for any climate, budget, or goal. Techniques include: Setting up a home growing space. Inexpensive, simple DIY equipment. Culture creation from mushroom tissue or spores. Growing and using liquid cultures and grain spawn. Growing mushrooms on waste stream... [\[more\]](#)

Paperback | \$24.99

Political Science

New Society Publishers

May 28, 2019
Ctn Qty: 14
400 pages
6.00" x 9.00"



9780865719088

Are We Done Fighting?: Building Understanding in a World of Hate and DivisionMatthew Legge  George Lakey

Powerful tools for spreading peace in your community. Unfounded beliefs and hateful political and social divisions that can cascade into violence are threatening to pull the world apart. Responding to fear and aggression strategically and with compassion is vital if we are to push back against the politics of hate and live in greater safety and harmony. But how to do it? Are We Done Fighting? is brimming with the latest research, practical activities, and inspirational stories of success for cultivating inner change and spreading peace at the community level and beyond. Coverage includes: An explanation of the different styles of conflict. Cognitive biases that help explain polarized and lose-lose positions. Practical methods and activities for changing our own and others' minds. When punishment works and doesn't, and how to encourage discipline in children without using violence. The skill of self-compassion and ways to reduce prejudice in ourselves and others. Incredible programs that are rebuilding trust between people after genocide. Packed with inspiration and cu... [\[more\]](#)

Paperback | \$14.99

Education

New Society Publishers

Apr 9, 2019
 Ctn Qty: 80
 144 pages
 5.50" x 8.50"



9780865719026

Everyone Wins - 3rd Edition: Cooperative Games and Activities for All Ages

Ba Luvmour, Josette Luvmour

Over 25,000 copies sold — promote optimal well-being and social justice through 170+ games and activities for all ages. At this critical point of human evolution, we want our children to have the ability to resolve conflict, communicate positively, build social skills, and increase self-esteem so that they may actualize their potential and live in well-being. The highly sought-after 3rd edition of the best-selling, Parent Choice Award-winning book *Everyone Wins: Cooperative Games and Activities for All Ages* features over 170 well-designed cooperative games and activities. Developmentally appropriate and indexed according to age level, group size, activity level, and location, *Everyone Wins* offers great value through evaluating interpersonal dynamics, teaching social justice, and assessing development capacities. By popular request, new features include: Information on development and learning in children and youth. New and updated games and activities. An overview of Natural Learning Relationships for whole-child development. *Everyone Wins* is an easy to use, quick reference guide for everyone who cares for and about children, education, and the actualization of social well-being in a diverse range of environments.

Paperback | \$9.99

Business & Economics

New Society Publishers

May 14, 2019
 Ctn Qty: 40
 80 pages
 4.50" x 7.50"



9780865719064

Democratic Rules of Order: Easy-to-Use Rules for Meetings of Any SizePeg Francis , Fred Francis 

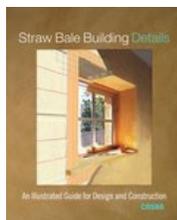
Revolutionize meetings! Over 20,000 copies sold – the easy-to-use guide for running democratic meetings of any size. The key to promoting true democracy in meetings is clear, easy-to-understand rules of order that support the right of each member to participate fully and equally, and the right of the majority to make decisions while respecting minority rights. An alternative to Robert's Rules of Order and other complicated and unwieldy guides, *Democratic Rules of Order* is the guide for the rest of us. It lays out clear, concise, easy-to-use rules for governing meetings from clubs and non profits to formal meetings. Benefits include: A complete set of laws for governing meetings. Can be read in an hour. Plain language, free of complex protocol and jargon to enable equal and efficient participation. Tested and honed through thousands of successful meetings. Adoptable as the official rules of order for meetings of any size. Allows informality, including decisions by consensus, but ensures formality when needed. A sample meeting that uses all the rules plus answers to 31 common questions. Now in its tenth edition, and with over 20,000 copies sold, *Democratic Rules of Order* will produce fair, efficient, and harmonious decisions in meetings of any size or complexity.

Paperback | \$39.99

Architecture

New Society Publishers

May 21, 2019
 Ctn Qty: 20
 272 pages
 8.00" x 10.00"



9780865719033

Straw Bale Building Details: An Illustrated Guide for Design and Construction

Casba

The devil is in the details—the science and art of designing and building durable, efficient, straw bale buildings. Straw bale buildings promise superior insulation and flexibility across a range of design aesthetics, while using a typically local and abundant low embodied-energy material that sequesters carbon—an important part of mitigating climate change. However, some early straw bale designs and construction methods resulted in buildings that failed to meet design goals for energy efficiency and durability. This led to improved building practices and a deeper understanding of the building science underlying this building system. Distilling two decades of site-built straw bale design and construction experience, *Straw Bale Building Details* is an illustrated guide that covers: Principles and process of straw bale design and building, options, and alternatives. Building science of straw bale wall systems. How design impacts cost, building efficiency, and durability. Avoiding costly mistakes and increasing construction efficiency. Dozens of time-tested detailed drawings for straw... [\[more\]](#)